1. What foods are commonly eaten?

The Russians eat a lot of dark, heavy bread. They also eat sweet pies filled with ingredients like fish, cheese, jam, cabbage, mushrooms, eggs, or meat. The Russians also eat a lot of salads and fish.

1. What does a typical breakfast consist of? Lunch? Dinner? At what times are these meals eaten?

For breakfast, many Russians eat pancakes, eggs, and sandwishes made of cured or salted meats on a large scale. Many Russians just eat bread and coffee or tea.

For lunch, there are three courses. The first is a salad, the second is typically soup, and the third is the entrée which is usually meat or fish. It is served with two sides, usually consisting of vegetables. The Russians eat their lunch with vodka.

Dinner: The dinner is very small and usually only consists of appetizers and hot tea or vodka.

1. What are some (at least two) famous recipes from your country?

Some famous recipes in Russia are Bliny (Russian pancakes) and Cabbage Pirozhki or Piroghi.

1. What are some foods from this country that are commonly eaten in your country? Are the foods prepared differently here than in this country?

Some foods eaten in Russia and America are Omelets, sandwiches, pancakes, and salad. Some foods are prepared differently with meat or fillings.

1. What is your personal opinion of this country’s food? What looks appetizing? What looks repulsive? How do you think you are going to do eating this food every day?

Since I am a picky eater I do not think I will do well adjusting to the Russian food, especially the fish and salted meats, but some things, such as the filled pancakes, do look quite appetizing.

6. Create your group’s visual. This could be a posterboard, a Powerpoint, or a Glogster, for example.